

# Valuing MENTAL HEALTH

Report of the Alberta Mental  
Health Review Committee

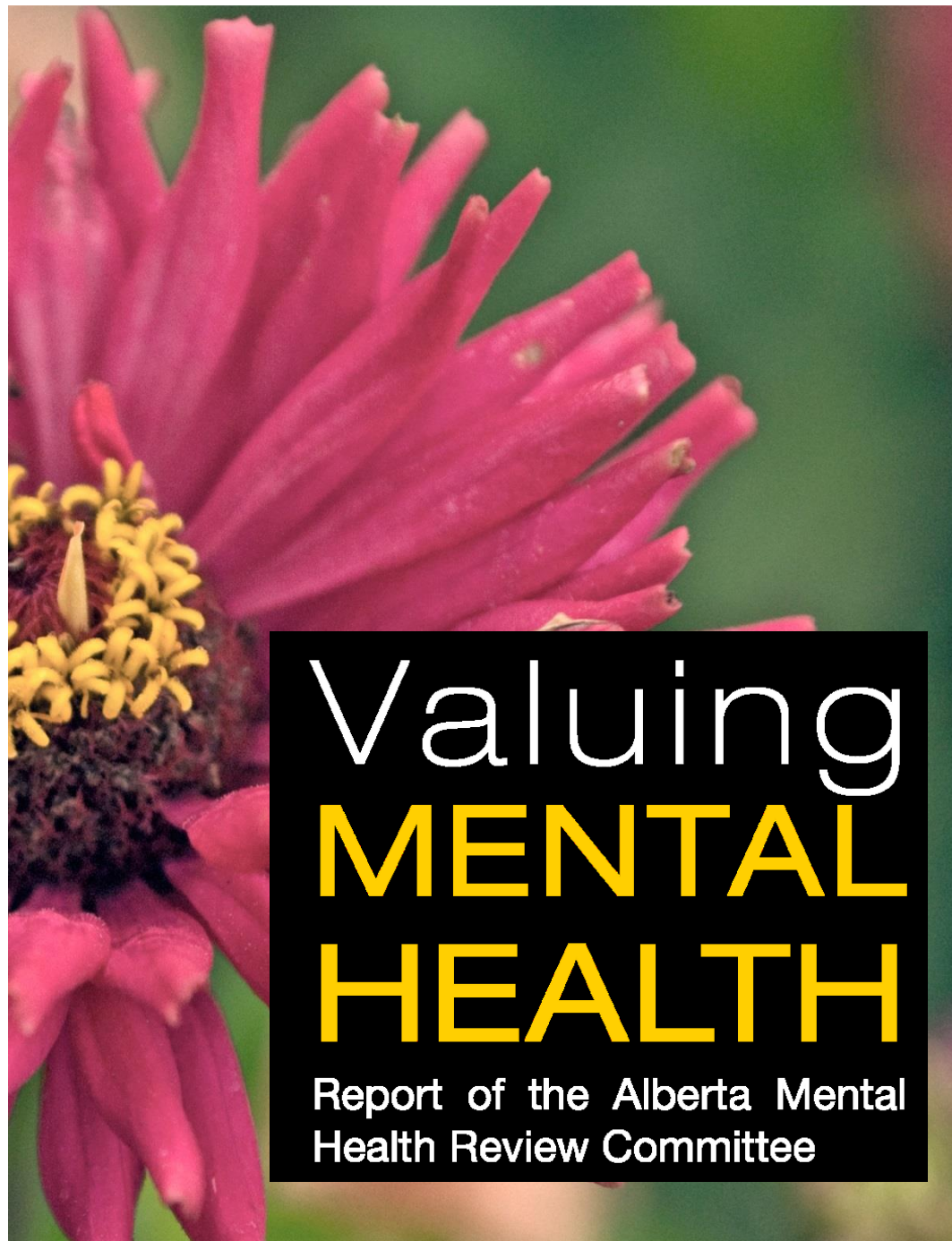
# Review and Report Release Timeline

## 2015

- **June – Call for review**
- **August – Committee established**
- **September to October – Consultation and engagement**
- **December – Report delivered**

## 2016

- **February – Report released**
- **April – Governance structure established**



Valuing  
**MENTAL  
HEALTH**  
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# Overview

- **32 recommendations**
- **Patient journey**
  - Finding your way
  - Moving forward
  - Empowering people
  - First Nations, Métis, and Inuit people and communities
  - Investing in the future
  - Current issues: fentanyl, suicide

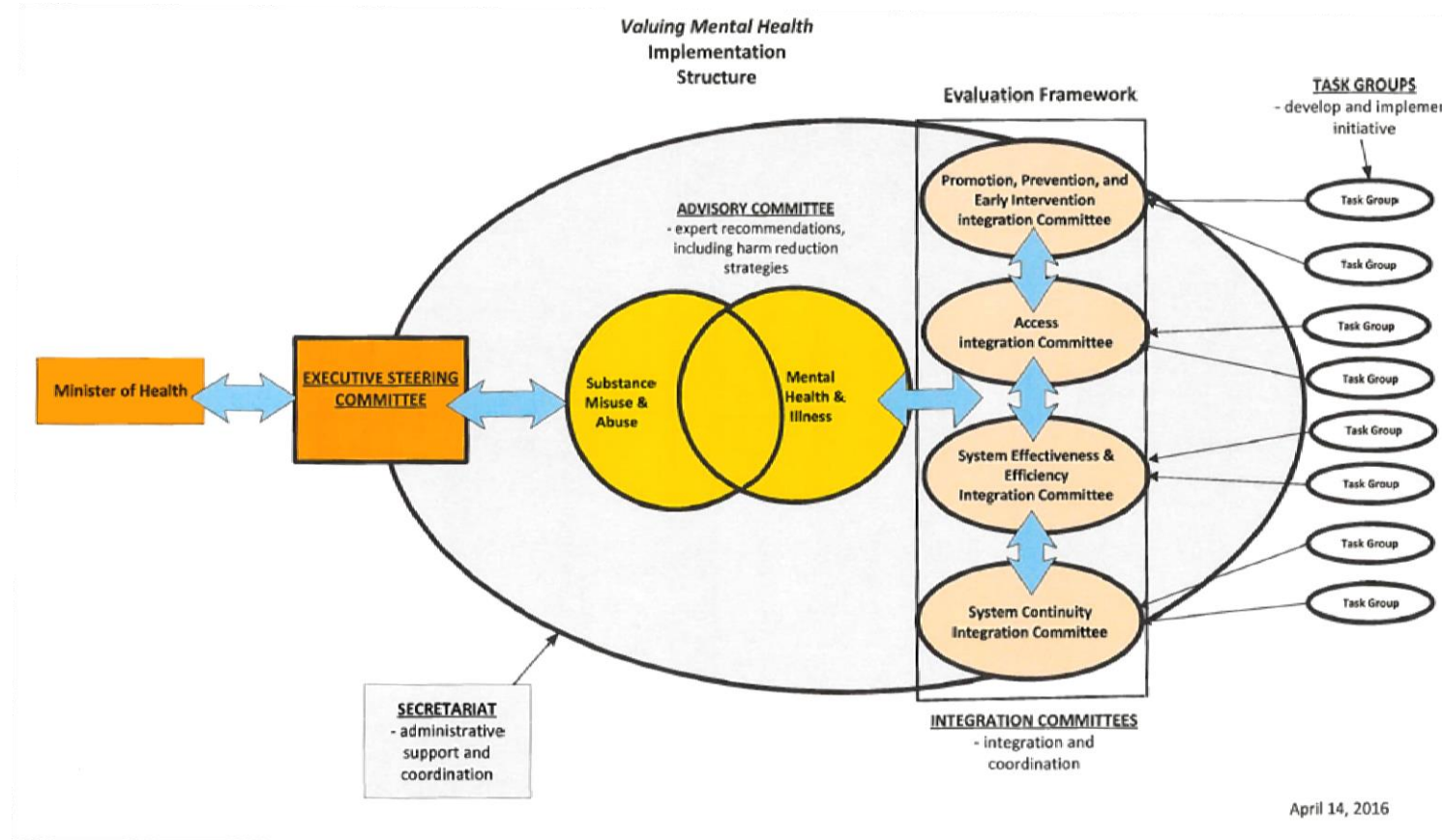
# Immediate actions

## **Cross ministry/AHS consultation on the Report**

### **Take action on the six priority recommendations:**

- 1. Implementation team/Governance structure**
- 2. Child and youth mental health website**
- 3. Performance monitoring and evaluation framework**
- 4. Medical detox beds for adults**
  - six to eight in Lethbridge**
  - 20 in Red Deer**
- 5. Three social detox beds for children and youth in Calgary**
- 6. Opioid addiction action plan**
  - First Nations, Métis and Inuit**

# 1. Implementation Team/Governance



# Executive Steering Committee

*(Deputy Ministers and equivalent):*

## *Members:*

- **Advanced Education**
- **Education**
- **Human Services**
- **Indigenous Relations**
- **Justice and Solicitor General**
- **Labour**
- **Municipal Affairs**
- **Seniors and Housing**
- **Alberta Health Services**
- **First Nations Inuit Health Branch, Health Canada**
- **Secretariat members (ex officio)**
- **Further consideration of additional members ongoing**

# Advisory Committee (DM chaired)

- Advanced Education
- AIDS Outreach Community Harm Reduction Education Support Society
- Alberta Alliance on Mental Illness and Mental Health
- Alberta Centre for Child, Family and Community Research
- Alberta College of Occupational Therapists
- Alberta College of Pharmacists
- Alberta College of Social Workers
- Alberta Gaming and Liquor Commission
- Alberta Health Advocates
- Alberta Health Services
- Alberta Psychiatric Association
- ALERT
- Blood Tribe Health Centre
- Blood Tribe Police Service
- Calgary Police Service
- CASA
- Centre for Suicide Prevention
- City of Calgary
- City of Edmonton
- City of Red Deer/AUMA
- College of Alberta Psychologists
- College of Physicians and Surgeons
- College of Registered Nurses of Alberta
- College of Registered Psychiatric Nurses of Alberta
- Edmonton Police Services
- Education
- First Nations and Inuit Health Branch, Health Canada
- Human Services
- Indigenous Relations
- Justice and Solicitor General
- Kee Tas Kee Now Tribal Council
- Mental Health Commission of Canada
- Metis Nation of Alberta
- Metro City Medical Clinic
- Northern Lakes College
- Palix Foundation
- Provincial Advisory Council, Addiction & Mental Health
- Psychologists' Association of Alberta
- Sheldon Kennedy Child Advocacy Centre
- The George Spady Society
- Treaty 6
- Treaty 7
- Treaty 8
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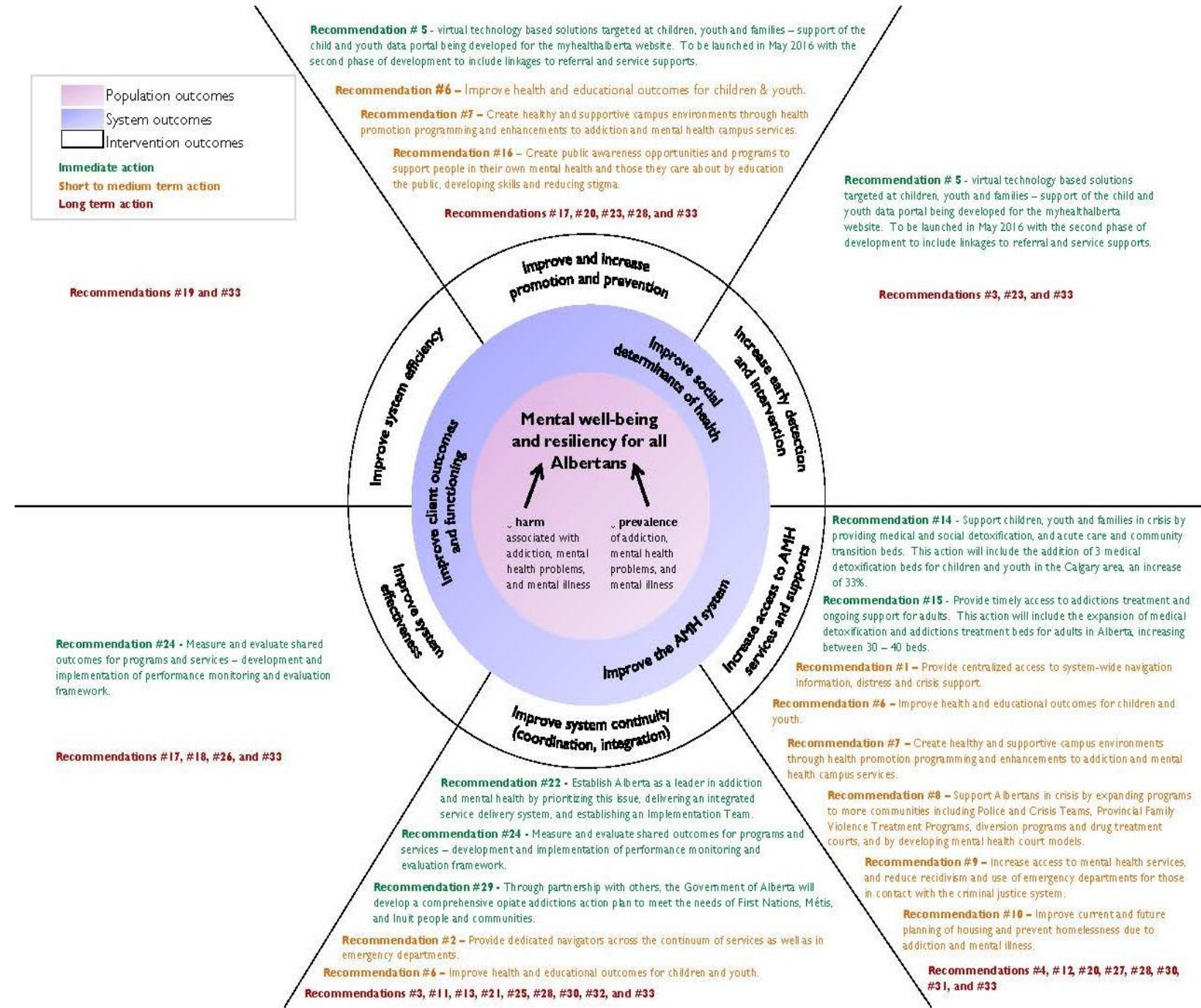
## 2. Child and youth mental health website

The screenshot shows the MyHealth.Alberta.ca website interface. At the top left is the MyHealth.Alberta.ca logo, which includes a magnifying glass icon. To the right is a search bar with the text 'All MyHealth.Alberta.ca' and a search button. Below the logo is a navigation menu with tabs for 'Home', 'Health Information & Tools', 'MyHealth Videos', and 'Health Care Locator'. Underneath the navigation menu is a secondary menu with links for 'Health A-Z', 'Healthy Living', 'Tests & Treatments', 'Medications', 'Find Health Care', 'Health Alerts', and 'Patient Care Handouts'. Below the secondary menu is a breadcrumb trail: 'Health Information & Tools > Youth Addiction Mental Health'. To the right of the breadcrumb trail are social media icons for Facebook, Twitter, and Email, followed by a '+ Share' button, a 'Print this page' button, and two 'A' icons for font size adjustment. The main content area features a large banner for 'Youth Addiction and Mental Health - Help4Me'. The banner is divided into two parts: on the left, a photograph of a young man and woman looking distressed, with the 'HELP4me.ca' logo overlaid; on the right, a dark blue background with the text 'Need someone to talk to?' in white, followed by 'Go ahead: reach out for help today' and an orange 'GET HELP' button. Below the banner is a paragraph of text: 'Are you a young person struggling with mental health issues? Do you know someone who appears to be struggling with mental health issues? Are you unsure about the warning signs of a mental health problem or what to do next? Then this website is for you. [Learn more about Youth Addiction and Mental Health - Help4Me.](#)'

### 3. Performance monitoring and evaluation framework

- **A performance monitoring and evaluation framework provides:**
  - outcome-focused approach to implementation
  - systematic identification of gaps and duplication
  - clear framework for identifying priorities
  - communication and collaboration
  - logical structure for reporting on progress

Population outcomes  
 System outcomes  
 Intervention outcomes  
**Immediate action**  
**Short to medium term action**  
**Long term action**



## 4. and 5. detox beds

### 4. Medical detox beds for adults

- six to eight in Lethbridge and 20 in Red Deer
- Funds provided to AHS

### 5. Three social detox beds for children and youth in Calgary

## **6. Opioid addiction action plan for First Nations, Métis and Inuit**

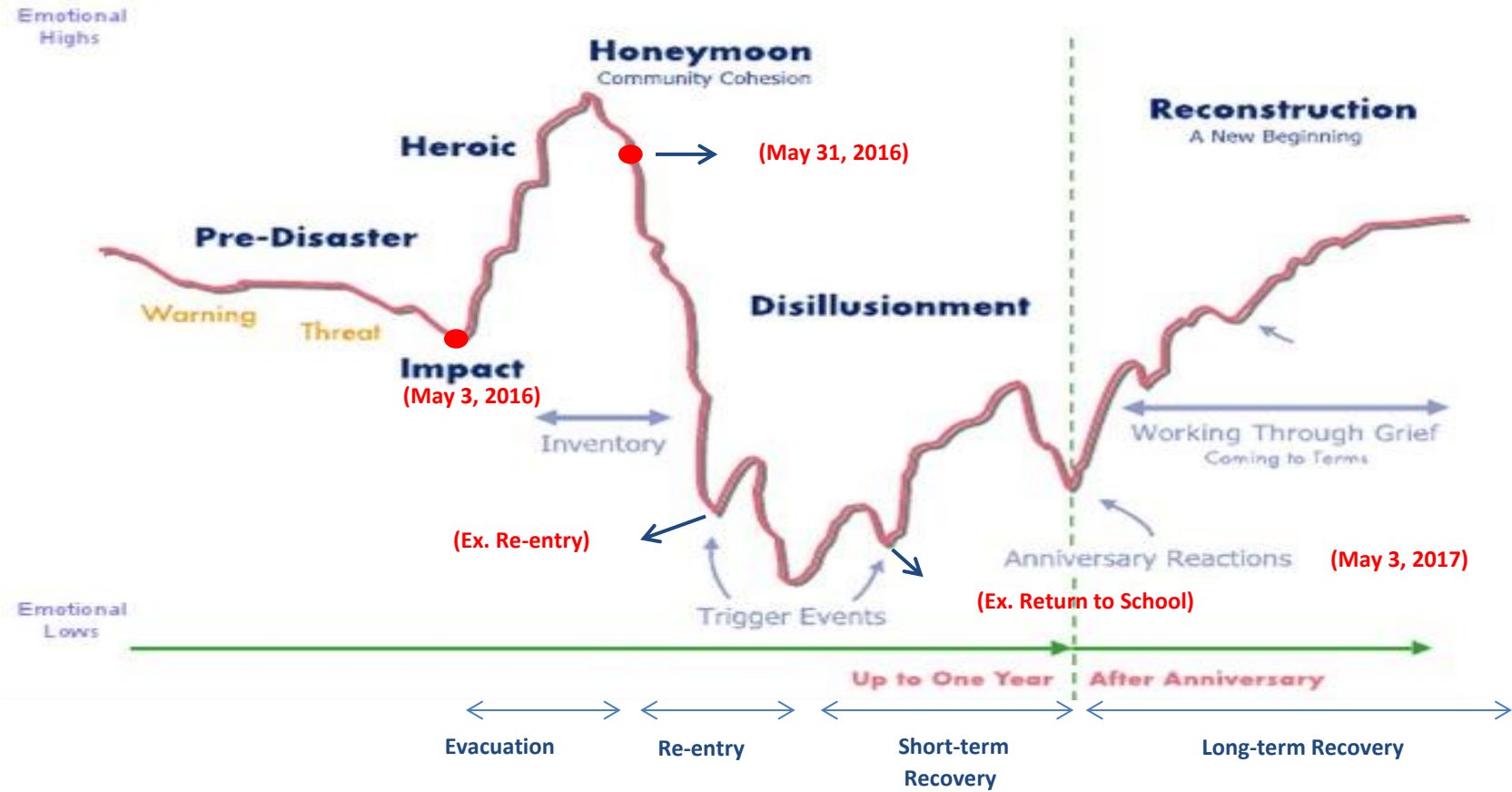
**Consultation with First Nation and Metis representatives initiated**



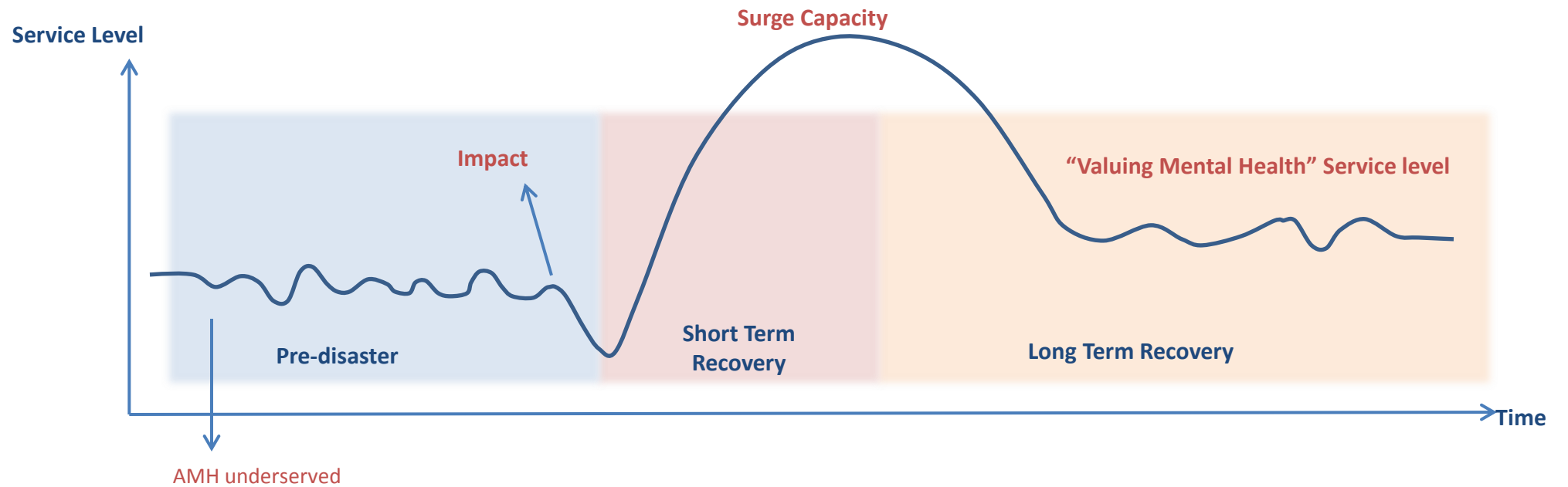
# Fentanyl Response

- **Since December 2015, Alberta has tripled its supply of naloxone kits, from 3,000 to 9,000 kits.**
  - Alberta now has more than 700 naloxone distribution sites, including community pharmacies, walk-in clinics, and harm reduction agencies. That's up from eight a year ago.
  - Distributed more than 2,000 naloxone kits since the summer of 2015.
- **Other actions include:**
  - Public education campaigns and educational key messages
  - Alberta Health and AHS collaborating with Health Canada and First Nations communities to ensure this issue is addressed on and off reserve
  - Work on longer term actions to improve monitoring, treatment access, and better address addiction issues is underway

# Alberta Wildfire Recovery Addiction and Mental Health Response



# Transformative Change – AMH Service Levels in Fort McMurray





# Questions?

E-mail us at: [AlbertaValuingMentalHealth@gov.ab.ca](mailto:AlbertaValuingMentalHealth@gov.ab.ca)